

31<sup>st</sup> MARCH 2015 BUNNY RUN ONE 3MILE/300FT

On a blustery cold evening 241 runners started, with Tom Adams storming to his 13<sup>th</sup> Egg Stage win and recording his seventh win overall taking the cuddly Bunny Trophy back home for the third time and he was chased all the way by Lewis Byram who last weekend finished eighth in the British Duathlon Championships. Third was Jack Smith before Kai Sunman, Chris Law, V40 Paul Tiffany and BU16 winner James Lund battled it out, with Paul taking the V40 Bunny trophy for the second year. Katie 'bunny girl' Walshaw returned from injury to finish 15<sup>th</sup> overall and recorded her 14<sup>th</sup> win and 15<sup>th</sup> Egg Stage triumph, two seconds behind Katie was BU14 winner Joe Hudson fresh from his English championship win at the weekend. Mark Law showed good form to win the V50's from Joe Blackett while Malcolm Pickering won the V60's. Second lady and first FU16 Erica Byram also competed in the British Duathlon championships finishing fifth, her sister Lucy was fourth there and did attempt to win the Egg Stage but was denied by 1 second by Katie, FU16 Jemima Elgood finished third with new Wharfedale recruit Sophie Martin fourth and Amy Francis fifth. Emily Jones won the FU14, Kath Farquhar the FV40's, Becky Weight the FV50's and Aileen Baldwin the FV60's. Holmfirth dominated the male and female team awards. The race video on the big screen was appreciated by all the runners at the Old Sun prize giving, thanks to Abigail Knowles and Robert Adamson for their sterling work, yet again! A big thank you to all our helpers who make this event happen. The night was ended with the chaos and mayhem that is the legendary chocolate throw out, if you didn't catch anything, get some practice in for next week. See you all for more Bunny Mayhem next Tuesday remember 7-15pm start!!

1	<b>TOM ADAMS 7TH WIN</b>		<b>ILKLEY</b>	<b>15.57</b>	<b>18</b>
2	LEWIS BYRAM		HOLMFIRTH	16.35	152
3	JACK SMITH		WHARFEDALE	16.47	40
4	KAI SUNMAN		HOLMFIRTH	17.21	125
5	CHRIS LAW		HOLMFIRTH	17.24	146
6	<b>PAUL TIFFANY</b>	<b>V40</b>	<b>BINGLEY</b>	<b>17.25</b>	<b>58</b>
7	<b>JAMES LUND</b>	<b>U16</b>	<b>KLY &amp; C</b>	<b>17.27</b>	<b>69</b>
8	SETH WATERMAN		HOLMFIRTH	17.29	92
9	JACK DENTON		CALDER	17.42	4
10	JON GREEN	V40	PRESTON	17.52	70
11	MATTHEW MERRICK	U16	BINGLEY	18.13	118
12	JACK WHITE	U16	NORWICH	18.18	32
13	LEWIS WRIGHT		UA	18.25	216
14	NEIL ARMITAGE	V40	P&B	18.29	2
15	<b>KATIE WALSHAW 14TH WIN</b>	<b>F</b>	<b>HOLMFIRTH</b>	<b>18.33</b>	<b>132</b>
16	<b>JOE HUDSON</b>	<b>U14</b>	<b>KLY &amp; C</b>	<b>18.35</b>	<b>9</b>
17	MARTIN HURST		P&B	18.42	44
18	GEORGE GREEN		HOLMFIRTH	18.47	156
19	MARTIN HOWARD	U16	CALDER	18.59	5
20	JOE LAW		HOLMFIRTH	19.12	151
21	NATHAN MARTIN		WHARFEDALE	19.18	45
22	EDDIE HINCHCLIFFE		HOLMFIRTH	19.25	200
23	REUBEN MANTLE	U16	BINGLEY	19.25	95
24	ROBIN LAWRENCE	V40	BINGLEY	19.31	269
25	DAVE McGUIRE	V40	WHARFEDALE	19.34	47
26	GARETH HOLME		BAILDON	19.37	276
27	ROBIN BRADBURY	V40	MARSH	19.41	196
28	<b>ERICA BYRAM</b>	<b>FU16</b>	<b>HOLMFIRTH</b>	<b>19.45</b>	<b>153</b>
29	GEORGE DEY	U16	SKYRAC	19.48	123
30	CAMERON REILLY	U14	ILKLEY	19.52	94
31	DANIEL SHAW		HOLMFIRTH	19.55	28
32	ANDREW BRITTON		IDLE	20.00	135
33	JEMIMA ELGOOD	FU16	ILKLEY	20.02	22
34	TRISTAN SHEARD	V40	CALDER	20.03	74
35	LAVELL PIERRE		HOLMFIRTH	20.06	29
36	DECLAN CRAVEN		QUEENSBURY RC	20.08	98
37	JOSEPH CARNELLY	U14	BINGLEY	20.10	72
38	LUKAS LEE	V40	KLY & C	20.11	7
39	MARK McGLINCY	V40	KESWICK AC	20.16	139
40	ROBBIE MATTHEWS	U14	ILKLEY	20.17	24

41	LOUIS HUDSON	U14	KLY & C	20.20	81
42	BEN FARRAR	U16	KLY & C	20.20	172
43	SOPHIE MARTIN	F	WHARFEDALE	20.21	106
44	ROBERT HUDSON	V40	KLY & C	20.23	80
45	AMY FRANCIS	FU16	SKYRAC	20.25	267
46	DARREN GRAHAM	V40	TODMORDEN	20.32	210
<b>47</b>	<b>MARK LAW</b>	<b>V50</b>	<b>HOLMFIRTH</b>	<b>20.34</b>	<b>145</b>
48	JAMES PICKERING	U16	ILKLEY	20.35	178
49	EDWARD DAVIES		OTLEY	20.38	176
50	SARAH PICKERING	FU16	ILKLEY	20.47	174
51	JOE BLACKETT	V50	DARK PEAK	20.49	131
52	ARCHIE ARMITAGE	U14	P&B	20.49	68
53	VICTORIA MERRICK	FU16	BINGLEY	20.52	120
54	WAYNE BYRAM	V40	HOLMFIRTH	20.56	155
55	ROBBIE JOHNSTONE	U16	WHARFEDALE	21.00	88
56	DOMINIC COY	U14	ILKLEY	21.03	166
57	LOGAN HARGREAVES MADHAS	U14	WHARFEDALE	21.05	66
58	THOMAS NELSON	U16	WHARFEDALE	21.06	114
59	SAM OVEREND		KLY & C	21.08	192
60	ANTHONY ROWLING		UA	21.09	122
61	NICKY FARQUHAR	U16	HOLMFIRTH	21.09	162
62	MALCOLM McMILLAN		UA	21.12	12
63	PAUL CRABTREE	V40	KLY & C	21.13	187
64	WILL THOMPSON	U14	WHARFEDALE	21.15	84
65	PHILIP HOBBS	V50	HOLMFIRTH	21.16	53
66	LUCY FARQUHAR	F	HOLMFIRTH	21.16	161
67	PETE LLOYD		KLY & C	21.24	130
68	DAN COBB		BAILDON	21.27	271
69	JORDAN MULLINGER	F	HOLMFIRTH	21.30	54
70	CHRIS JONES	V40	WHARFEDALE	21.42	182
71	LUCY WILLIAMSON	F	ILKLEY	21.45	23
72	ROBBIE WILLIAMS		BINGLEY	21.46	142
73	GARETH WARD	V40	KLY & C	21.47	193
74	PETER SMITH		CRAVEN ENERGY	21.50	272
75	RICHARD BURREN		KLY & C	21.58	185
76	RUBY SYKES	F	HOLMFIRTH	22.03	65
77	JACOB VAN GEFFEN	U16	PENDLE	22.08	263
78	LUKE HEPPLER		UA	22.12	277
<b>79</b>	<b>KATH FARQUHAR</b>	<b>FV40</b>	<b>HOLMFIRTH</b>	<b>22.17</b>	<b>163</b>
80	ELIZA FINDLAY	FU16	BINGLEY	22.18	273
81	KEVIN BRAIN	V40	BAILDON	22.18	36
82	JOHN MERRICK	V40	BINGLEY	22.29	119
83	HARRY BARKER	U16	ILKLEY	22.35	124
84	DENIS GILDEA	V40	UA	22.36	136
85	JONATHAN EAGLE	V50	HORSFORTH	22.38	16
86	TIMOTHY FORSTER		SALTAIRE STRIDERS	22.40	129
87	JAMES COATES	U16	LEEDS BRAD TRI	22.41	49
<b>88</b>	<b>MALCOLM PICKERING</b>	<b>V60</b>	<b>ILKLEY</b>	<b>22.43</b>	<b>175</b>
89	ARTHUR PEEL	U14	KLY & C	22.44	79
90	MEL IVES	F	SKIPTON	22.52	76
91	SVEN SHAW		UA	22.54	103
<b>92</b>	<b>EMILY JONES</b>	<b>FU14</b>	<b>WHARFEDALE</b>	<b>22.54</b>	<b>181</b>
93	PHILIP WILKINSON		HORSFORTH	22.55	218
94	GRAHAM BIRD	V50	WHARFEDALE	22.58	48
95	MARTIN WOOD	V50	STAINLAND	23.00	141
96	JACK WALTON	U14	KLY & C	23.01	148
97	STUART WALTON	V40	KLY & C	23.01	147
98	ANDREW PRICE		BAILDON	23.02	133
99	ARTHUR REILLY	V50	ILKLEY	23.03	186
100	STEVE MILNER	V50	WHARFEDALE	23.05	112

101	MATTHEW MURRAY		CALDER	23.08	143
102	PAUL PATRICK	V50	STAINLAND	23.09	211
103	LAURIE PETRUCCI	U14	KLY & C	23.12	157
104	FREYA REYNOLDS	F	CRAVEN ENERGY	23.13	13
105	DAVID TOLSON	V50	RED ROSE	23.16	64
106	NEIL FAIRBURN	V50	BAILDON	23.23	90
107	LUCY MILLER	FU14	BINGLEY	23.26	212
108	ANNIE STONE	FU14	HOLMFIRTH	23.26	194
109	DEREK IVES	V50	SKIPTON	23.37	77
<b>110</b>	<b>BECKY WEIGHT</b>	<b>FV50</b>	<b>BINGLEY</b>	<b>23.40</b>	<b>57</b>
111	SEAN COOK		KIRKSTALL	23.41	275
112	HARRY ATKINSON	V60	BINGLEY	23.42	279
113	ELLIE SUNMAN	FU16	HOLMFIRTH	23.42	126
114	EMILY FIELD	FU14	UA	23.43	179
115	AMY GODDEN	F	SHEFFIELD UNI	23.53	160
116	SIMON BARLAWS	V50	HOLMFIRTH	23.54	205
117	CHRIS GODRIDGE	V40	CALDER	23.56	71
118	JOE ALDERMAN	U14	UA	24.01	191
119	TONY CRADDOCK	V40	UA	24.05	137
120	GORDON SLATER	V50	UA	24.08	3
121	GEORGE HOBBS	U14	HOLMFIRTH	24.09	52
122	IAN BLAND	V50	BINGLEY	24.12	128
123	LAURA KNOWLES	FU14	KLY & C	24.17	17
124	ABIGAIL WHITE	FU16	BINGLEY	24.22	164
125	HARRY HOBBS	U14	HOLMFIRTH	24.23	51
126	CATHERINE MILNER	F	BAILDON	24.28	110
127	MARTIN WILSON	V60	UA	24.29	171
128	PAUL NEWTON	V40	KIRKSTALL	24.30	220
129	PETER JAGAN	V60	BINGLEY	24.33	15
130	MARK CAFFERY	V40	UA	24.35	207
131	ROB MYERS	V50	BAILDON	24.38	201
132	VICKY OMEIZNOWICZ	F	BINGLEY	24.40	219
133	COLIN DUFFIELD	V40	UA	24.52	26
134	RICHARD MURRAY		BINGLEY	24.54	261
135	ANDREW PERRY	V40	WHARFEDAILE	24.55	159
136	HELEN WRIGHT	F	KLY & C	24.59	270
137	GRAEME COLLINGE	V50	UA	25.01	168
138	NEA WESTON	FU16	ILKLEY	25.09	33
<b>139</b>	<b>AILEEN BALDWIN</b>	<b>FV60</b>	<b>STAINLAND</b>	<b>25.09</b>	<b>78</b>
140	LISA HOLMES	F	WHARFEDAILE	25.11	108
141	RYAN MIDDLEMISS	U16	UA	25.14	177
142	JANE LEONARD	FV50	TODMORDEN	25.20	62
143	RACHEL CROSSLAND	F	CALDER	25.24	42
144	RICHARD METCALFE	V50	UA	25.27	199
145	BRUCE DUNCAN	V60	BINGLEY	25.29	190
146	REBECCA LANGDON	F	BAILDON	25.30	278
147	KAREN BALLANTYNE	FV40	KLY & C	25.34	20
148	ANDY MOORE	V60	BINGLEY	25.36	104
149	RUBEN CHALMERS	U14	CALDER	25.37	34
150	LINDA CRABTREE	FV50	CALDER	25.47	6
151	MARGARET JAGAN	FV60	CRAVEN ENERGY	25.51	10
152	GILL PETRUCCI	FV40	KLY & C	25.51	158
153	PETER HUBY	V50	SALTAIRE STRIDERS	25.52	82
154	MURRAY CHALMERS	V50	UA	25.55	35
155	IAN HARTMAN	V60	BAILDON	25.58	83
156	STEVEN CROWTHER	V40	STAINLAND	26.01	91
157	TREVOR KEARTON	V50	KLY & C	26.03	127
158	ETHAN ADAMS	U14	TODMORDEN	26.12	183
159	JOHN INGLES	V40	STAINLAND	26.15	140
160	OLIVIA ROPER	FU16	BINGLEY	26.23	204

161	STEVEN CAVELL	V50	CALDER	26.25	150
162	NEVILLE WHITTINGHAM	V50	KLY & C	26.26	117
163	KIRSTIE HOLMES	FV40	SALTAIRE STRIDERS	26.27	25
164	HAZEL IVES	FV50	SKIPTON	26.30	75
165	KATIE SMITH	FU14	BINGLEY	26.37	213
166	LILLIE KOWALIK	FU16	TODMORDEN	26.38	209
167	HOLLY CARTER	F	UA	26.46	189
168	EMMA DOOKS	FV40	KLY & C	26.49	59
169	BOB HOWARD	V50	CALDER	26.52	134
170	STACEY CLEAL	FV40	QUEENSBURY RC	26.56	69
171	JOANNE ADAMS	F	UA	26.58	102
172	ARRAN ADAMS	U14	TODMORDEN	26.59	184
173	ANN MARIE ROPER	FV40	BINGLEY	27.02	203
174	ANNA McMILLAN	F	UA	27.10	14
175	KATE BRIGGS	F	UA	27.10	11
176	SUE FULTON	FV50	BINGLEY	27.13	180
177	SAM SILSON		UA	27.22	264
178	STEPHEN BATLEY	V60	SKYRAC	27.22	149
179	CHRIS BURRELL	V50	HALIFAX	27.29	105
180	ANNIE MILNER	FV40	WHARFEDALE	27.38	111
181	JASON DOVESTON		UA	27.40	280
182	ALEX YOUNG		UA	27.42	281
183	SU THOMPSON	FV40	WHARFEDALE	27.52	85
184	CARMILLE ASKINS	FV40	KLY & C	27.58	107
185	GAENOR COY	FV40	ILKLEY	28.03	165
186	LOUISE ABBY	FV50	TODMORDEN	28.25	89
187	JOSEPH CARMAN	U14	WHARFEDALE	28.30	100
188	ABBIE CLEAL	F	QUEENSBURY RC	28.35	97
189	SARA DEMAN	FV50	PUDSEY P	28.43	217
190	PAULA WILLIAMS	FV40	KLY & C	28.44	41
191	JOHN CRABTREE	V50	BAILDON	28.48	215
192	ALAN TURNER	V50	MARSH	28.51	30
193	SUE ROBERTS	FV50	TODMORDEN	29.16	113
194	TARA STONE	F	HOLMFIRTH	29.29	195
195	JOANNE SUTCLIFFE	F	BINGLEY	29.31	38
196	JOE GAGG		UA	29.32	266
197	GEOFF THOMPSON	V50	WHARFEDALE	29.36	86
198	JULIE GRAHAM	FV40	TODMORDEN	29.39	208
199	DONNA CHESTER	F	KLY & C	29.49	46
200	DIANE McDONALD	FV40	KLY & C	29.59	87
201	NIGEL SMITH	V50	UA	30.04	60
202	GORDON KAYE	V60	BINGLEY	30.1	109
203	DOM HENRY		BINGLEY	30.18	39
204	DAVID HILL	V60	SKYRAC	30.20	144
205	LISA PEARSON	F	BINGLEY	30.21	202
206	KATIE ROWLANDS	F	UA	30.22	27
207	TOM COATES	U14	UA	30.24	50
208	SOPHIE FINDLAY	FV40	BINGLEY	30.29	274
209	CHRISTINE WILSON	FV60	UA	30.34	170
210	LUIA LAUREN	FV50	KLY & C	30.35	214
211	JULIE ELMES	FV40	ILKLEY	30.43	8
212	ANN SMITH	FV50	HOLMFIRTH	30.49	206
213	DON BUFFHAM	V50	OTLEY	30.54	1
214	ANNA PICKERING	F	ILKLEY	31.07	173
215	FIONA MURPHY	FV50	HALIFAX	31.12	116
216	GAYNOR YATES	FU16	KLY & C	31.15	121
217	ALANA WILLIS	FU16	KLY & C	31.20	43
218	JANE SEDGEWICK	FV40	KLY & C	31.23	37
219	LUKE GARTHWAITE	U14	UA	31.24	265
220	VICTORIA YEADON	F	UA	31.26	55

221	ANGEL SMITH	FU14	ILKLEY	31.35	99
222	RACHEL GASIOR	FV40	KLY & C	31.36	262
223	PAUL CARMAN		WHARFEDALE	31.37	101
224	NICHOLA METCALFE	FV50	UA	31.43	197
225	SUE MARTIN	FV50	HALIFAX	31.44	31
226	CHRISTINE REILLY	FV50	ILKLEY	32.08	93
227	KEERA NELSON	FU14	WHARFEDALE	32.18	115
228	SALLY PICKERING	FV50	ILKLEY	32.28	167
229	FRANKI COULTHREAD	F	KLY & C	32.39	73
230	SOPHIE BERRY	F	UA	32.53	198
231	AMANDA BURGESS	FV40	KLY & C	33.50	168
232	POPPY BALLANTYNE	FU14	KLY & C	34.08	21
233	JEREMY O'CONNELL	V50	KLY & C	35.03	138
234	ROSS HANSON		KLY & C	35.03	61
235	OLLY CRABTREE	U16	KLY & C	39.37	188
236	DICK BALLANTYNE	V40	KLY & C	39.44	19
5 RETIREMENTS					

<b>FANCY DRESS WINNERS</b>	
NICKY FARQUHAR	
ANGEL SMITH	
JOSEPH CARMAN	

<b>TEAMS</b>		
<b>M</b>	<b>HOLMFIRTH 2, 4, 5 = 11</b>	<b>LEWIS BYRAM, KAI SUNMAN &amp; CHRIS LAW</b>
<b>F</b>	<b>HOLMFIRTH 1, 2, 8 = 11</b>	<b>KATIE WALSHAW, ERICA BYRAM &amp; LUCY FARQUHAR</b>

<b>EGG STAGE WINNERS</b>			
<b>M</b>	<b>TOM ADAMS 13TH WIN</b>	<b>ILKLEY</b>	<b>3.36</b>
<b>F</b>	<b>KATIE WALSHAW 15TH WIN</b>	<b>HOLMFIRTH</b>	<b>4.15</b>

<b>BUNNY RECORDS</b>				
<b>M</b>	<b>JORGE THOMAS</b>	<b>2009</b>	<b>CARDIFF</b>	<b>14.41</b>
<b>V40</b>	<b>IAN HOLMES</b>	<b>2007</b>	<b>BINGLEY</b>	<b>15-00</b>
<b>V50</b>	<b>STEVE OLDFIELD</b>	<b>2010</b>	<b>CALDER</b>	<b>16.52</b>
<b>V60</b>	<b>BRYAN PARKINSON</b>	<b>2010</b>	<b>BINGLEY</b>	<b>19.41</b>
<b>V70</b>	<b>PETER COVEY</b>	<b>2010</b>	<b>BINGLEY</b>	<b>21.12</b>
<b>U16</b>	<b>JAMES HALL</b>	<b>2011</b>	<b>WHARFEDALE</b>	<b>15.55</b>
<b>U14</b>	<b>WILLIAM SMITH</b>	<b>2010</b>	<b>WHARFEDALE</b>	<b>16.18</b>
<b>F</b>	<b>ANNABEL MASON</b>	<b>2013</b>	<b>WAKEFIELD</b>	<b>17.05</b>
<b>FV40</b>	<b>HELEN BERRY</b>	<b>2014</b>	<b>HOLMFIRTH</b>	<b>18.57</b>
<b>FV50</b>	<b>GILL MYERS</b>	<b>2014</b>	<b>WHARFEDALE</b>	<b>19.35</b>
<b>FV60</b>	<b>MARGARET JAGAN</b>	<b>2010</b>	<b>UA</b>	<b>22.42</b>
<b>FU16</b>	<b>BO HAYWOOD</b>	<b>2010</b>	<b>LINCOLN WELLINGTON</b>	<b>18.10</b>
<b>FU14</b>	<b>BO HAYWOOD</b>	<b>2010</b>	<b>LINCOLN WELLINGTON</b>	<b>18.10</b>

<b>EGG STAGE RECORDS</b>				
<b>M</b>	<b>TOM ADAMS</b>	<b>2011</b>	<b>ILKLEY</b>	<b>3.17</b>
<b>F</b>	<b>KATIE WALSHAW</b>	<b>2014</b>	<b>HOLMFIRTH</b>	<b>3.56</b>