YORKSHIRE JUNIOR & SENIOR 2015 CHAMPIONSHIPS & INFORMATION

The Under 23 & Senior Championships are to be held on Saturday 7th March at The Flower Scar Fell Race, Todmorden, OL14 7BS. 9K/470m. Women - 11am, Men – 12.30pm Details http://www.todharriers.co.uk/flower-scar-fell-race/ Over 16.

Championship medals Gold, Silver, Bronze to the first 3 U23 men and the first 3 U23 ladies.

Championship medals Gold, Silver, Bronze to the first 3 senior men and the first 3 senior ladies.

Championship Gold medals to first men's and ladies teams only, 3 to score.

Thanks to sponsorship from 'Precision Pest Management' www.precisionpest.co.uk and 'The Wharfedale Clinic' www.wharfedaleclinc.co.uk

The Junior Championships U12 (over 10), U14, U16 & U18 championships are to be held on Saturday 18th April at West Nab races, Meltham, Holmfirth. HD9 4DA. All races entry on the day. Details on http://www.holmfirthharriers.com/

Championship Gold, Silver & Bronze medals to first 3 in each male and female category. Ages for all categories are as at 1st January 2015.

Thanks to sponsorship from 'Byram Construction Ltd' www.byram.co.uk

The UKCAU Senior & U23 Inter-Counties Championships are to be held on Saturday 16th May from near Pont y Pair car park north side of A5, GR792568, Betwys-y-Coed, North Wales, LL26 0LS. Women 12.00 noon – 10.16k/472m, Men 13.00pm. - 10.40k/488m. See FRA Calendar for full details.

Selection 5 men including at least one MU23 and 5 female including at least one FU23. Must be over 18.

The Junior UKCAU U16 & U18 Inter-Counties Championships are to be held on Saturday 16th May from near Pont y Pair car park north side of A5, GR792568, Betwys-y-Coed, North Wales, LL26 0LS. 11.00am U16/U18 women, 11.30am U16/U18 men. Distance. U16 /U18 5.08k/236m . See FRA Calendar for full details.

Selection 3 boys & 3 girls in U16 & U18. Junior ages are as at 1st January 2015.

If you are interested in running for the **BEST** county.

Contact - Yorkshire Championship Co-ordinators, selectors & team managers: Eileen & David Woodhead, Tel: 01535 669100. For updated information see; www.woodentops.org.uk