

## British Athletics Senior Inter-Counties Mountain Race – Keswick

21st April 2024

Finishing		Finish					Female	Male		Actual
Position	Race No.	Time	Name	Team	Category	Pos.	FU23	Pos.	MU23	Time Taken
1	814	1:05:17	Kris Jones	Scotland - East	M			1		1:05:17
2	821	1:05:28	Robbie Simpson	Scotland - North	M			2		1:05:28
3	750	1:05:35	Joe Steward	Greater Manchester	M			3		1:05:35
4	812	1:06:53	Jacob Adkin	Scotland - East	M			4		1:06:53
5	887	1:07:06	Ben Rothery	Yorkshire	M			5		1:07:06
6	731	1:07:36	Tom Spencer	Derbyshire	MU23			6	1	1:07:36
7	820	1:08:28	Ross Gollan	Scotland - North	M			7		1:08:28
8	830	1:08:52	Andrew Douglas	Scotland - West	M			8		1:08:52
9	718	1:09:33	Chris Richards	Cumbria	M			9		1:09:33
10	730	1:09:57	Finlay Grant	Derbyshire	MU23			10	2	1:09:57
11	865	1:10:16	Tom Wood	Wales - North	M			11		1:10:16
12	765	1:10:32	Matthew Knowles	Lancashire	MU23			12	3	1:10:32
13	770	1:10:44	Finn Lydon	Leicestershire & Rutland	M			13		1:10:44
14	698	1:10:58	Eddie Narbett	0	M					1:10:58
15	716	1:11:55	Harry Bolton	Cumbria	M			14		1:11:55
16	762	1:11:59	Grant Cunliffe	Lancashire	M			15		1:11:59
17	885	1:12:11	Jack Cummings	Yorkshire	M			16		1:12:11
18	733	1:12:30	Jamie Parkinson	Devon	M			17		1:12:30
19	884	1:12:33	Doni Clarke	Yorkshire	M			18		1:12:33
20	829	1:12:56	Kieran Cooper	Scotland - West	M			19		1:12:56
21	700	1:13:05	Alex Mason	0	MU23					1:13:05
22	756	1:13:17	Robert Sparkes	Humber	M			20		1:13:17
23	796	1:13:21	Jared Martin	Northern Ireland	M			21		1:13:21
24	819	1:13:28	James Espie	Scotland - North	M			22		1:13:28
25	757	1:13:50	Jamie Goodge	Kent	M			23		1:13:50
26	717	1:14:08	Jake Collier	Cumbria	M			24		1:14:08
27	727	1:14:16	Daniel Haworth	Derbyshire	M			25		1:14:16
28	694	1:14:24	Lewis Bowness	0	M					1:14:24
29	886	1:14:48	Martin Howard	Yorkshire	M			26		1:14:48
30	799	1:14:58	Tom Crudgington	Northern Ireland	MU23			27	4	1:14:58
31	699	1:15:08	Robert Sparks	0	M					1:15:08
32	764	1:15:12	Joseph Hopley	Lancashire	MU23			28	5	1:15:12
33	890	1:15:20	Tom Saville	Yorkshire (Reserve)	M					1:15:20
34	728	1:15:33	Harry Holmes	Derbyshire	M			29		1:15:33
35	711	1:29:21	Scout Adkin	Cumbria	F	1				1:15:37
36	710	1:16:11	Jonny Dry	Cornwall	M			30		1:16:11
37	846	1:16:29	Henry Webb	Staffordshire	MU23			31	6	1:16:29
38	771	1:16:33	Lewis Moses	Leicestershire & Rutland	M			32		1:16:33
39	719	1:16:47	Sam Stead	Cumbria	M			33		1:16:47
40	845	1:16:53	Eammon Clowes	Staffordshire	MU23			34	7	1:16:53

## British Athletics Senior Inter-Counties Mountain Race – Keswick

21st April 2024

Finishing		Finish				Female		Male		Actual
Position	Race No.	Time	Name	Team	Category	Pos.	FU23	Pos.	MU23	Time Taken
41	889	1:17:14	Rupert Allison	Yorkshire (Reserve)	M					1:17:14
42	863	1:17:28	Rhys Jones	Wales - North	M			35		1:17:28
43	844	1:17:32	Harry Bond	Staffordshire	MU23			36	8	1:17:32
44	784	1:17:34	Rafe Man	Middlesex	MU23			37	9	1:17:34
45	822	1:17:42	John Yells	Scotland - North	M			38		1:17:42
46	729	1:17:52	Joe Oldfield	Derbyshire	M			39		1:17:52
47	798	1:17:56	Ryan Stewart	Northern Ireland	M			40		1:17:56
48	788	1:17:59	Chris Alborough	North Eastern Counties	M			41		1:17:59
49	832	1:18:00	Cameron Swanson	Scotland - West	M			42		1:18:00
50	696	1:18:15	Tim Harrison	0	M					1:18:15
51	864	1:18:46	Gavin Roberts	Wales - North	M			43		1:18:46
52	707	1:18:55	Mark Burley	Cheshire	M			44		1:18:55
53	713	1:32:45	Eve Pannone	Cumbria	F	2				1:19:01
54	783	1:19:32	Joe Dale	Middlesex	M			45		1:19:32
55	772	1:19:47	Ben Plummer	Leicestershire & Rutland	M			46		1:19:47
56	811	1:33:40	Naomi Lang	Scotland - East	F	3				1:19:56
57	734	1:19:58	Tom Perry	Devon	MU23			47	10	1:19:58
58	843	1:20:12	Callum Dillon	Staffordshire	M			48		1:20:12
59	688	1:34:03	Scarlet Dale	0	F					1:20:19
60	862	1:20:22	Sion Edwards	Wales - North	M			49		1:20:22
61	797	1:20:32	Joshua McAtee	Northern Ireland	M			50		1:20:32
62	746	1:34:37	Martha Tibbot	Greater Manchester	F	4				1:20:53
63	867	1:21:01	Ifan Oldfield	Wales - North (Reserve)	M					1:21:01
64	740	1:21:09	Roger Maidment	Essex	M			51		1:21:09
65	758	1:35:04	Nichola Jackson	Lancashire	F	5				1:21:20
66	732	1:21:23	Stephen Hughes	Devon	M			52		1:21:23
67	747	1:21:28	Sam Fairhurst	Greater Manchester	M			53		1:21:28
68	720	1:21:30	Nicholas Peat	Cumbria	MU23			54	11	1:21:30
69	835	1:35:17	Sara Willhoit	Shropshire	F	6				1:21:33
70	857	1:21:37	Jonathon Ford	Wales - East	M			55		1:21:37
71	882	1:35:25	Rose Mather	Yorkshire	F	7				1:21:41
72	800	1:22:16	Ashley Crutchley	Northern Ireland	MU23			56	12	1:22:16
73	880	1:37:13	Emily Cowper-Coles	Yorkshire	F	8				1:23:29
74	690	1:37:21	Hannah Russell	0	F					1:23:37
75	749	1:24:03	Danny Hope	Greater Manchester	M			57		1:24:03
76	778	1:24:05	Lawrence Eccles	Merseyside	M			58		1:24:05
77	755	1:24:22	Ross Langley	Hertfordshire	M			59		1:24:22
78	888	1:24:39	Mitchell Boocock	Yorkshire	MU23			60	13	1:24:39
79	842	1:24:46	Ross Connor	Staffordshire	M			61		1:24:46
80	881	1:38:34	Caroline Lambert	Yorkshire	F	9				1:24:50

## British Athletics Senior Inter-Counties Mountain Race – Keswick

21st April 2024

Finishing		Finish						Female	Male		Actual
Position	Race No.	Time	Name	Team	Category	Pos.	FU23	Pos.	MU23	Time Taken	
81	816	1:38:42	Sarah Hodgson	Scotland - North	F	10				1:24:58	
82	741	1:25:13	Michael McTernan	Essex	M			62		1:25:13	
83	786	1:39:11	Catriona MacDonald	North Eastern Counties	F	11				1:25:27	
84	701	1:39:39	Katrina Entwistle	Avon & Somerset	F	12				1:25:55	
85	869	1:39:56	Julie Emmerson	Warwickshire	F	13				1:26:12	
86	856	1:26:16	Mike Erskine	Wales - East	M			63		1:26:16	
87	714	1:40:00	Catherine Taylor	Cumbria	F	14				1:26:16	
88	874	1:26:28	Kev Hope	Warwickshire	M			64		1:26:28	
89	782	1:26:32	Euan Brown	Middlesex	M			65		1:26:32	
90	738	1:26:34	Rhys Gillard	Essex	M			66		1:26:34	
91	805	1:26:42	Colin Brearley	Nottinghamshire	M			67		1:26:42	
92	853	1:40:54	Alice Crane	Surrey	FU23	15	1			1:27:10	
93	753	1:27:16	Richard Bedlow	Hertfordshire	M			68		1:27:16	
94	695	1:27:33	Neil Gerrity	0	M					1:27:33	
95	790	1:27:38	Neil Sillence	North Eastern Counties	MU23			69	14	1:27:38	
96	779	1:27:46	John Hunt	Merseyside	M			70		1:27:46	
97	815	1:41:58	Catriona Graves	Scotland - North	F	16				1:28:14	
98	818	1:42:05	Jill Stephen	Scotland - North	F	17				1:28:21	
99	780	1:28:29	Ben Martin	Merseyside	M			71		1:28:29	
100	879	1:42:25	Lizzy Allison	Yorkshire	F	18				1:28:41	
101	743	1:42:43	Sinead Bent	Greater Manchester	F	19				1:28:59	
102	858	1:29:03	Jack Rowland	Wales - East	M			72		1:29:03	
103	702	1:29:06	William Laye	Avon & Somerset	M			73		1:29:06	
104	848	1:29:11	Matt Eardley	Staffordshire (Reserve)	M					1:29:11	
105	774	1:29:19	Jason Williams	Leicestershire & Rutland	M			74		1:29:19	
106	850	1:43:18	Natalie Beadle	Surrey	F	20				1:29:34	
107	852	1:43:34	Suzy Whatmough	Surrey	F	21				1:29:50	
108	883	1:43:41	Alexandra Whitaker	Yorkshire	FU23	22	2			1:29:57	
109	809	1:43:47	Megan Crawford	Scotland - East	F	23				1:30:03	
110	849	1:30:04	George O'Connor	Staffordshire (Reserve)	MU23					1:30:04	
111	837	1:30:10	Virgil Barton	Shropshire	M			75		1:30:10	
112	751	1:30:29	Oliver Cook	Greater Manchester	MU23			76	15	1:30:29	
113	817	1:44:21	Helen Leigh	Scotland - North	F	24				1:30:37	
114	787	1:31:12	Joe Addison	North Eastern Counties	M			77		1:31:12	
115	872	1:31:20	Peter Eccleston	Warwickshire	M			78		1:31:20	
116	748	1:31:22	Matt Fawthrop	Greater Manchester	M			79		1:31:22	
117	873	1:31:23	Matthew Hadlum	Warwickshire	M			80		1:31:23	
118	692	1:45:14	Rosie Woodhams	0	FU23					1:31:30	
119	721	1:45:46	Katie Lord	Cumbria	F	25				1:32:02	
120	876	1:32:26	Simon Lanckham	Worcestershire	M			81		1:32:26	

## British Athletics Senior Inter-Counties Mountain Race – Keswick

21st April 2024

Finishing		Finish				Female		Male		Actual
Position	Race No.	Time	Name	Team	Category	Pos.	FU23	Pos.	MU23	Time Taken
121	859	1:46:25	Joanne Henderson	Wales - North	F	26				1:32:41
122	685	1:46:27	Emily Carroll	0	F					1:32:43
123	838	1:33:29	Oli Cox	Shropshire	M			82		1:33:29
124	789	1:33:41	Ian Hutchinson	North Eastern Counties	M			83		1:33:41
125	724	1:47:29	Imogen Trinder	Derbyshire	F	27				1:33:45
126	744	1:47:44	Lindsey Brindle	Greater Manchester	F	28				1:34:00
127	855	1:47:58	Lucy Williamson	Wales - East	F	29				1:34:14
128	826	1:48:02	Ella Foreman	Scotland - West	F	30				1:34:18
129	754	1:34:57	Thomas Crouch	Hertfordshire	M			84		1:34:57
130	807	1:35:18	Jon Odell	Nottinghamshire	M			85		1:35:18
131	825	1:49:05	Ellen Downs	Scotland - West	F	31				1:35:21
132	781	1:35:57	Al Smithson	Merseyside	M			86		1:35:57
133	722	1:49:44	Joanne Mosley	Derbyshire	F	32				1:36:00
134	827	1:49:46	Anna MacFadyen	Scotland - West	F	33				1:36:02
135	806	1:36:08	Paul Lewis	Nottinghamshire	M			87		1:36:08
136	793	1:49:55	Martsje Hell	Northern Ireland	F	34				1:36:11
137	752	1:36:15	Maxime Ansell	Hertfordshire	M			88		1:36:15
138	871	1:36:27	Andy Boon	Warwickshire	M			89		1:36:27
139	792	1:50:36	Catriona Edington	Northern Ireland	F	35				1:36:52
140	723	1:50:43	Sue Richmond	Derbyshire	F	36				1:36:59
141	739	1:37:08	Thomas Grimes	Essex	M			90		1:37:08
142	828	1:51:02	Gemma Griffiths	Scotland - West	FU23	37	3			1:37:18
143	791	1:51:18	Tanya Cumming	Northern Ireland	F	38				1:37:34
144	804	1:51:21	Heather Tait	Nottinghamshire	F	39				1:37:37
145	839	1:52:06	Rachel Bourne	Staffordshire	F	40				1:38:22
146	709	1:52:19	Charlotte Jackson	Cornwall	F	41				1:38:35
147	841	1:52:32	Hollie Wall	Staffordshire	F	42				1:38:48
148	697	1:38:59	Goronwy Hughes	0	M					1:38:59
149	763	1:39:38	Ross McKelvie	Lancashire	M			91		1:39:38
150	808	1:40:34	William Taylor	Nottinghamshire	M			92		1:40:34
151	760	1:54:20	Josephine Wells	Lancashire	F	43				1:40:36
152	704	1:41:38	James Cooke	Bedfordshire	M			93		1:41:38
153	769	1:55:46	Nicola Stevenson	Leicestershire & Rutland	F	44				1:42:02
154	868	1:56:01	Emma Bexson	Warwickshire	F	45				1:42:17
155	834	1:56:09	Jules Toone	Shropshire	F	46				1:42:25
156	824	1:56:23	Zoe Barber	Scotland - West	F	47				1:42:39
157	726	1:56:40	Amy Whelan	Derbyshire	FU23	48	4			1:42:56
158	836	1:43:01	Jamie Arkle	Shropshire	M			94		1:43:01
159	875	1:56:54	Eloise Lee	Worcestershire	F	49				1:43:10
160	759	1:57:14	Victoria Peel	Lancashire	F	50				1:43:30

## British Athletics Senior Inter-Counties Mountain Race – Keswick

21st April 2024

Finishing		Finish				Female		Male		Actual
Position	Race No.	Time	Name	Team	Category	Pos.	FU23	Pos.	MU23	Time Taken
161	715	1:57:15	Sophie Rylance	Cumbria	FU23	51	5			1:43:31
162	860	1:57:22	Kasia Osipowicz	Wales - North	F	52				1:43:38
163	833	1:57:36	Monica Oparka-Hickingbottom	Shropshire	F	53				1:43:52
164	776	1:58:42	Helen Skipper	Merseyside	F	54				1:44:58
165	745	1:58:47	Gaynor Keane	Greater Manchester	F	55				1:45:03
166	794	1:59:05	Alexa James	Northern Ireland	F	56				1:45:21
167	766	1:59:25	Rachel Bentley	Leicestershire & Rutland	F	57				1:45:41
168	861	2:00:17	Ceri Vaughan	Wales - North	F	58				1:46:33
169	767	2:01:48	Kirsty Hillier	Leicestershire & Rutland	F	59				1:48:04
170	761	2:05:41	Alicia Wadeson	Lancashire	FU23	60	6			1:51:57
171	851	2:06:39	Rebecca Brennan	Surrey	F	61				1:52:55
172	785	2:06:58	Helen Heaney	North Eastern Counties	F	62				1:53:14
173	877	1:56:31	David Lewis	Worcestershire	M			95		1:56:31
174	878	1:56:37	Neil MacDonald	Worcestershire	M			96		1:56:37
175	847	2:10:46	Caroline Scott	Staffordshire	F					1:57:02
176	736	2:11:28	Amelia Davison	Essex	F	63				1:57:44
177	775	2:11:52	Shona Moore	Merseyside	F	64				1:58:08
178	777	2:12:42	Lorna Williams	Merseyside	F	65				1:58:58
179	802	2:12:47	Laura Gapski	Nottinghamshire	F	66				1:59:03
180	735	2:13:26	Lucilla Ashton	Essex	F	67				1:59:42
181	870	2:13:54	Myshola Kirkham	Warwickshire	F	68				2:00:10
182	801	2:15:00	Michelle Butler	Nottinghamshire	F	69				2:01:16
183	737	2:18:30	Sharon Skidmore	Essex	F	70				2:04:46
184	803	2:19:35	Gina Granger	Nottinghamshire	F	71				2:05:51
185	840	2:35:25	Jane Wade	Staffordshire	F	72				2:21:41