

Make mine a double



Ian Holmes racing to the first leg of his New Year double

Fell Running

Fell running champion Ian Holmes claimed a New Year double — winning the last race of 1995 and the first event of '96.

Ice and fog hit Haworth's Auld Lang Syne race, but Holmes put his stamp on the race setting a record time of 34mins 32secs.

It was the second running of the New Year's Eve event, and last year's route was shortened because of 3ft of snow which fell on the night before the race.

"It was the first time we had been able to run the full six-mile course which includes 1,000ft of climbing," said organiser Dave Woodhead.

Over 130 runners took part with Holmes leading all the way, but he stumbled three times on the ice and was pushed almost all the way by Paul Sheard of Leeds club, Pudsey and Bramley.

Holmes tried to pull away on the long climb up Oxenhope Stoop, but found the slippery conditions difficult. But with just over a mile of the race to go Sheard also stumbled and Holmes took his

chance to put in a race-winning burst of speed.

After taking the Auld Lang Syne title, Holmes also turned out to win the Bingley five-mile event on New Year's Day, just having the edge over Lee Warburton in a sprint finish.

Sarah Rowell of Pudsey and Bramley won the ladies Auld Lang Syne title in a time of 40mins 05secs.

Teenage runner, David Needham, a member of Keighley Road Runners, had to be rescued by four wheel drive vehicle after injuring his knee in the race.

The next Penistone Hill run is the Stanbury Splash on January 28. Details are available from David Woodhead on 01535-669100.

Results — Auld Lang Syne: 1 Ian Holmes (Bingley) 34:32, 2 Paul Sheard (Pudsey and Bramley) 34:45, 3 Colin Donnelly (Eryri) 37:02, 4 Alan Whalley (P & B) 37:07, 5 Johnnie Butler (Keighley Road Runners) 37:14, 6 Matt Woods (unattached) 37:44, 7 Ian Ferguson (Bingley) 37:51, 8 Jon Brook (Bingley) 37:53, 9 Colin Moses (Bingley) 38:10, 10 Tom Hobbs (Clayton le Moors) 38:37, 17 Sean Addison (Clayton-le-Moors) 39:54, 27 Pete Carr (2nd over 50) 40:25.

Ladies race: 1 Sarah Rowell (P&B) 40:05, 2 Lisa Lacon (Holmfirth) 45:34, 3 Jean Shooter (P&B) 45:53, 9 Cath Fawcett (KRR) 50:19, 13 Sheila Turbett (KRR) 56:39.

Team: 1 Bingley 16pts, Pudsey and Bramley 20pts.